

## IMPLANTABLE DRUG DELIVERY SYSTEMS: AN UPDATED REVIEW

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### ABSTRACT

It's a real need to develop drug delivery system that could maintain a specific site of action. Therefore, drug delivery system were developed to optimize the therapeutic properties of drug products and render them more safe effective and reliable as compared to many other drug delivery systems. Implantable pumps and implants for variable rate delivery are at crude stage of development. Implantable devices allow the site specific drug administration where the drug is needed most for example implants include in the treatment of brain tumors or prostate cancer. Implantable devices allow for sustained release by the therapeutic agent. The major advantages of this system contain targeted local delivery of drug at constant rate, lesser amount of drug is required to treat the disease condition minimization of probable side effect and better efficacy treatment due to development of implantable drug delivery devices it's possible to administer unstable drugs once a week to once a year that in the past required to take at frequent daily dosing.

**Keywords:** Implantable drug delivery, modulated drug delivery, implants, drug delivery systems, implantable pumps, recent technologies.

### INTRODUCTION

New method in the domain of drug delivery are taking place at much faster pace in contrast with last two decades the experts predicts that in the upcoming years the drugs will be more specific in their pharmacodynamic action and more site selectivity of drug basically involves preventing the drug molecules from the coming across the many biological barrier that drugs molecule has to face before reaching to the active receptor site some of the barrier include binding to the plasma proteins, transports across GIT membrane removal via lymphatic system first pass hepatic effects and transports across the blood brain barrier. All of these biological barriers prevent the large amounts of drug molecules (sometimes 100%) from reaching to their targets site of action to overcome various biological barriers the implantable drug delivery devices should be preferred to be used [1]. Implantable drug delivery device are free from such limitations associated with oral intravenous.

Topical drug administration subcutaneous implantable drug delivery devices offer one unique advantage of redeemable mechanisms therefore the implants are the advanced drug delivery system that are inserted completely under the skin through minor surgical incision or injected through a large bore needle the System delivery drugs and fluids into the

blood stream without repeated insertion of needle. Implantable drug delivery system has the potential to reduce the frequency of patient driven dosing and also to deliver the therapeutic command in a targeted manner presently this system is being utilized for many therapeutic application such as contraception treatments of cancer dental disease etc. also Large number of companies are involved in the development of this system which is evident by increased number of implant available in the market [2].

### ADVANTAGES OF IMPLANTABLE DRUG DELIVERY SYSTEM

Implantable drug delivery system has the following advantages

Convenience: Effective concentration of the drug in the blood can be maintained for longer period of time by techniques such as continuous intravenous infusions or repeated injections on the other hand under this treatment patients are regularly required to visit hospital throughout administration for uninterrupted medical monitoring. A short acting medicine worsens the condition, as the quantity of injections or the infusion rate need to be increased to maintain a therapeutically effective level of drug. On the other hand, implantation treatment permits patients to get medication outside the hospital setting with marginal medical observation. Implantation

treatment is also characterized by lower occurrence of infection associated problems in comparison to in-dwelling catheter based infusion system.

**Improved Drug Delivery:** The drug gets distributed locally or in systemic circulation by bypassing or minimal interfering with metabolic or biological barriers. This is beneficial for those drugs which are absorbed in gastrointestinal tract and in liver before systemic distribution.

**Compliance:** Patient compliance may be highly improved because of the reduction or complete elimination of patient involved dosing. Although, certain implants require periodic refilling, but unlike other routes of drug administration, the patient has very less involvement in delivering the medication.

**Potential for Controlled Release:** Implants offer zero order controlled release kinetics that,

- Helps to avoid peaks (toxicity) and troughs (ineffectiveness) of conventional therapy is avoided.
- Helps to reduce dosing frequency.
- Helps to increase patient compliance.

**Potential for Intermittent Release:** Extremely programmable pumps enable intermittent release of drug in response to factors like,

- Cardiac rhythm.
- Metabolic needs.
- Pulsatile release of many peptides and proteins

**Flexibility:** Various types of flexibilities, like materials, methods of manufactures, degree of drug loading, drug release rate, etc. are available in implants. They permit controlled delivery of hydrophilic as well as lipophilic drugs.

#### ADVANTAGES OF IMPLANTABLE DRUG DELIVERY SYSTEM

Implantable drug delivery system has following disadvantages

**Invasive:** To implant the certain cases a major surgery is required which results in the formation of scar at the site of implantation and also causes an uncomfortable feeling. Also well trained personnel is required for implanting the device.

**Termination:** Non-biodegradable polymeric implants need to be surgically removed from the body at the end of the treatment.

**Danger of Device Failure:** If the device fails to operate during the treatment due to any reason, the device should be surgically removed from the patient body.

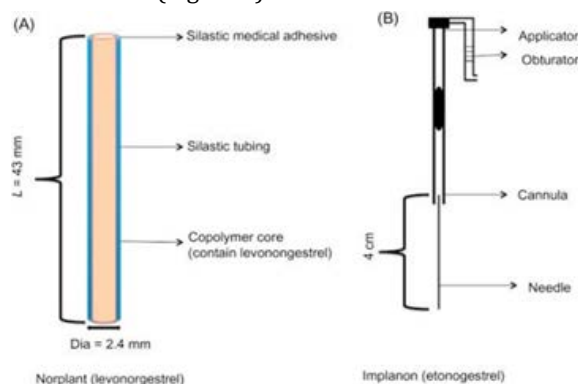
**Limited to Potent Drugs:** In order to minimize patients discomfort the size of implant is usually kept small. Therefore most implants have limited loading capacity and only suitable for potent medicament.

Possibility of Drug Reactions: Dose dumping occurs at the site of implant leading to severe adverse reactions [3-6].

#### CLASSIFICATION OF IMPLANTABLE DRUG DELIVERY SYSTEMS

Classification of implantable drug delivery system includes;

**Non degradable implantable drug delivery system:** Membrane enclosed reservoirs and matrix controlled systems are by far the most common, several other variants of Non degradable implants are commercially available. The matrix materials used in all these systems are typically polymers, with a documented history of both preclinical and clinical evaluation. Commonly used polymers include elastomers such as silicones and urethanes, acrylates and their copolymers, and copolymers vinylidene fluoride and polyethylene vinyl acetate (PVA) [7-10] within the polymeric matrices forming most passive monolithic implants, the drug is typically dispersed homogeneously throughout the matrix material [11]. Alternatively, reservoir type systems are characterized by a compact drug core, surrounded by a permeable Non degradable membrane, the permeability and thickness of which controls the diffusion of the drug into the body [12]. One of the earliest, widely developed, Non degradable reservoir implants is Norplant. This implantable drug delivery system was developed and trademarked by the population council in 1980, introduced worldwide in 1983. As stated earlier, it was approved by the US FDA in December 1990, following which marketing in the United States was initiated in February 1991 [13] This contraceptive system consist of six thin, flexible silicone capsules, each loaded with 36 mg of the hormone levonorgestrel. When implants subcutaneous, typically on the inside (Figure 1).



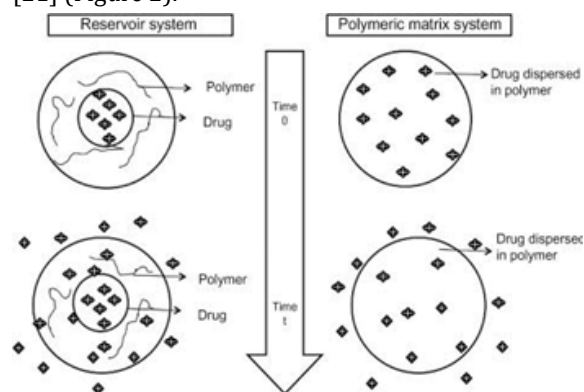
**Figure 1:** Non biodegradable implants (A) Norplant and (B) Implanon

Upper arm of female users [14], it is capable of offering contraceptive protection for up to 5 years. Its effectiveness and popularity may be gauged by the fact of its approval in 60 countries. While Norplant

ceased to be marketed in the United States in 2002, it is still available in other countries and has been successfully used by over 60 million women [15].

Another FDA-approved implantable drug delivery system contraceptive implants United States in 2006 [16]. It is a single-rod implant (length 4 cm, width 2 mm) and consists of PAVA core (reservoir) that encapsulates 68 mg of etonogestrel and releases drug over 3 years. The rate of drug release is controlled by a PEVA membrane covering the rod [17,18]. Protection from pregnancy can be extended beyond the initial 3 years upon removal and immediate replacement with fresh implant. Designed for easier subcutaneous insertion and removal than Norplant, Implanon has found just great acceptance by patients and providers alike [19].

**Mechanism of Drug Release from Nondegradable Polymeric Matrices:** Reservoir systems have the advantage of maintaining a relatively constant release rate, independent of the concentration gradient. This is likely to be mediated by thickness and permeability of the rate controlling polymeric membrane, and zero- order release kinetics may potentially be achieved. This is because, unlike direct diffusion, the driving force for release of the agent across the membrane is constant; assuming that concentration of drug within the reservoir constantly equilibrates with the inner surface of enclosed membrane [20]. In contrast, drug release for matrix-type devices is more likely to be driven by the concentration gradient, and is mediated by diffusion lengths and the degree of swelling. In general, nonerodible, diffusion-controlled drug delivery systems work best for drugs with molecular weight of 1000 Dalton or less [21] (Figure 2).



**Figure 2:** Cross sectional view of idealized reservoir system and matrix system, showing diffusion of drug across the polymer.

**Biodegradable Implants:** Biodegradable delivery systems are more popular than the non-degradable systems. The major advantages of biodegradable systems are that inert polymers are used for fabricating the delivery system, and these polymers ultimately

get absorbed or excreted by the body. This eradicates the need for surgical removal of the implant after the end of treatment, and thus patient acceptance and compliance are enhanced [22,23].

Development of biodegradable system is more complicated than formulating non-degradable systems. Many variables should be considered during the fabrication of new biodegradable systems. Degradation kinetics of the polymer (in vivo) should remain constant to maintain sustain drug release. The degradation rate of polymer in the body is also by many factors. Any change in body pH or temperature can also transiently increase or decrease the degradation rate of the system. The surface area of the system also plays an important role in its degradation. Surface area of implantable system decreases its erosion. Thus, the change of shape of drug delivery system should be considered during the formulation design. A more uniform and constant release can be attained by using geometrical shapes whose surface area does not change with time when the system get eroded. A flattened slab- type shape with no edge erosion gives a zero order release kinetic profile [24,25]

Some manufactures have designed systems consisting of a bioerodible inert core coat with the active drug matrix to minimize the problem of change in surface area that occur during system erosion. Another problem of bioerodible systems is that drug diffusion from the polymeric occur at the rate slower than that of the bioerosion of the system. Diffusion of the drug depends on the chemical nature of the polymeric substance used in the formulation of drug delivery system. This problem should be overcome during the development of bioerodible systems as they are intended to be used for extended release of drug or when the drug has narrow therapeutic index [26].

At present, there are two different types of biodegradable delivery systems. The first type is reservoir system, which is similar to non-degradable reservoir system in structure and also drug release mechanism. These bioerodible systems consist of an exterior polymeric membrane that degrades at slower rate than the expected rate of drug diffusion through the membrane. Therefore, the membrane remains intact and the drug completely released. In the end, the exterior polymeric membrane degrades (in vivo) and gets excreted. The second type of bioerodible system is monolithic type, in which the drug dispersed in a polymer, gets slowly eroded (in vivo) by biological processes at a controlled rate. The most popular biodegradable polymers under investigation are polyglycolic acid, polyactic acid, polyaspartic acid and polycaprolactone. Ethyl vinyl acetate copolymer matrices for delivery of macromolecular drugs (such

as insulin) have also been studied [27].

## IMPLANTABLE DRUG DELIVERY DEVICES

### Field of Controlled Drug Delivery

**Transdermal Patches:** Transdermal patches generally have hollow micro needles made of a biocompatible polymer through which the drug is delivered below the skin. Transdermal patches have numerous advantages compared with other systems of drug delivery. The drugs are degraded in the GIT, they are pain less, and they deliver constant dosage without the need for patient's compliance [28].

**Polymer Implants:** Polymer implants are biodegradable polymers loaded with the drug molecules. The polymer degrades when it comes in interaction with body fluids and in the process releases drug molecules. The rate of degradation of the polymer, and hence the drug release, can be optimized by modifying the polymers properties. The polymer materials which are most widely used for this application include, but are not restricted to, Polyglycolic acid (PGA), Polyethane and the combination of these in different proportions.

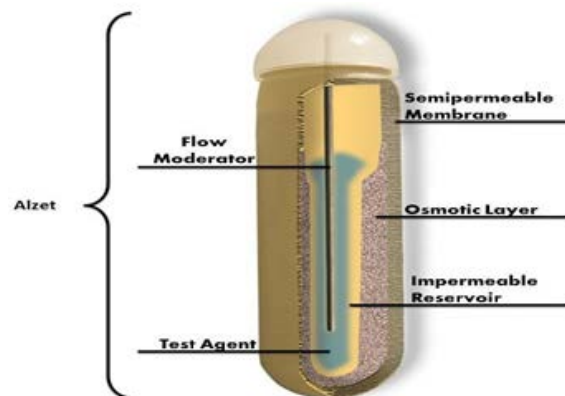
**Bioadhesives:** Bioadhesives are substances which form bonds with biological surfaces. The most common substances which are used in this case are polymer hydro gels. The principal of action is similar to polymer implants in this they too are loaded with drugs and release drugs at a specific rate when in contact with body fluids. Hydro gels are water swollen polymers networks. The polymer chains may be healed together by either physical forces or covalent cross links. By design of hydro gel constituents, they can be made responsive to their chemical or physical environment. At temperature of 35-40 OC it collapses to denser, more compact structure due to a switch in the balance of solution and hydrophobic forces as the temperature is raised [29].

**Microencapsulation:** Microencapsulation refers to the method of covering the drug molecule with material which will prolong time before the drug absorbed, so that it will remain in the viable state and will be released when it reaches intended destination. There are variety of ways in which microencapsulation is done. Some of them are use of polymer microspheres, liposomes, and nanoparticles etc [30] the above devices are passive devices and deliver the drug in very small amounts with precision. But they are not capable of delivering the drug in nonlinear fashion or on demand. They cannot be programmed to deliver the drug when required and stop when not required.

### Some Important Passive Devices

**Diffusion Chamber:** A diffusion chamber form

Debiotech Inc. they hold a cargo of drugs and are sealed with semi permeable membrane. These used to delivering fairly large amount of drugs and in some cases more than one drug. The membrane surface area is large compared to the reservoir resulting in an increased delivery rates. These reservoirs are generally not used for long term delivery [31] (Figure 3).



**Figure 3:** Schematic of an Alzet mini-osmotic pump (shown in partial section)

**Implantable Pump Systems:** External control of dosing is a requirement for many drugs, a feature that difficult to obtain when using biodegradable or non-degradable delivery systems. Pump system have been used to provide the higher precision and remote control needed in these situations. Additionally, they offer a number of advantages, such as evasion of the GI tract, avoidance of repeated injections, and improved release rate (faster than diffusion limited systems). With advance in microelectronics since the 1970s, remote control over delivery rate or integration of implantable sensors to create feedback-controlled drug delivery is now feasible. Implantable pumps primarily utilize osmosis, propellant- driven fluids, or electromechanically drives to generate pressure gradients and enable controlled drug release as described below [32].

**Osmotic Pumps:** Several dosages forms have been developed that use an osmotic pressure differential to drive the release of drug form a reservoir at a controlled rate [33] In this type of device, the drug reservoir is in semi- permeable housing (mostly a cellulose ester membrane). The housing is normally filled with NaCl or any other suitable osmotic agent. The semipermeable membrane allows the passage of water but not of drug. Aqueous biological fluid that penetrates the housing builds up enough osmotic pressure within it to drive the drug out through a small orifice with can control the release rate according to its diameter. The drug is normally housed in flexible impermeable membrane which collapses in

accordance with the increase of hydrostatic pressure [34,35].

### **Therapeutic Application of Implantable Drug Delivery System**

**Cancer:** The implantable drug delivery system has great potential to deliver have great potential to deliver chemotherapeutic drugs safely and effectively the affected side without causing any side effect. Brain, prostate and bladder cancer are few examples for which the implants are available in market [36,37] The Gliadel wafer approved one of the first implantable brain cancer treatment to deliver chemotherapy directly to the tumor site. Another example the zoladex biodegradable implantable rod delivering goserelin acetate for treating prostate cancer [38].

**Ocular Therapy:** Different implantable systems, including membrane controlled devices implantable silicone devices and implantable infusion systems have been investigated to provide prolong ocular drug delivery [39,40]. Ocusert, containing pilocarpin base and alginic acid in a drug reservoir surrounded by a release rate controlling ethylene-vinyl acetate membrane, is an example of membrane controlled system. This system provides an initial burst followed by a zero-order delivery of pilocarpin at 20-40 micro grams per hours for a week. Ocusert is well-tolerated in adults, and gives a satisfactory control of intraocular pressure with negligible side effects; but, it is poorly tolerated in geriatric where most of the therapeutic need exists [41].

**Contraception:** FDA has recently approved marketing of Norplant, a sub-dermal implant for long term delivery of levonorgestrel (contraceptive agent). This device consist of six silicon membrane capsules, each containing 36mg of levonorgestrel, which are placed sub-dermally on the inside of upper arm or forearm in fan shape pattern through a trocar form a single trocar entry point. Cumulatively these capsules deliver 70 micro grams per day (in vivo) for the first 100 days with a steady decrease to 30 micro grams per day at about 800 days, this delivery rate continuous for five years. Other polymer-based system being studied for contraception include vaginal ring of silicon rubber, which is used for 3-6 months with a removal period of one week monthly during menstruation; progestasert, an intrauterine drug release device of ethylene vinyl acetate copolymer, which least for a year and suspension of injectable microspheres or rods of biodegradable polymers [42].

**Dental application:** For numerous dental applications including local prolonged administration of fluoride antibacterial and antibiotics, polymeric implants have been evaluated. Stannous fluoride was integrated into different dental cements for sus-

tained release fluoride delivery. Another dispersed in the hydroxyethyl methacrylate and methyl methacrylate copolymer hydro gel coated with an outer layer of the same copolymer in different ratio so as to be rate limiting in drug release. The device, about 8 mm long and having 42 mg of fluoride in the core was attached to the buccal surface of the maxillary first molar and designed to release 0.5 mg/day of fluoride for 30 days [43-45].

### **FUTURE PROSPECTS**

At present much research is being conducted in the region of implantable drug delivery systems. Despite this fact, much work is still required in the regions of biodegradable and biocompatible substance the kinetics of drug release, and more improvement of the present systems before many of these preparations can be used. In the feature, scientists remain expectant that many of the these systems can be prepared with best zero-order release kinetics profiles in vivo, over long times, allowing for prolonged use in constantly being prepared. Several of these medicines are continuously are developed from proteins and peptides which are very unstable when taken through oral route. By using new types of prolonged -release drug delivery systems, delivering such drug at constant rates will be possible over a prolonged period of time and will exclude the necessity for multiple dosing. It is expected that in the upcoming years, improvement of new implantable systems will help cost reduction of the drug treatment, increase the effectiveness of drugs, and enhance patient compliance [46,47].

### **CONCLUSION**

Development of new drug candidates is expensive and time consuming. Improving the safety- efficacy ratio of "old" drugs has been attempted, using different methods such as individualizing drug therapy, dose titration, and therapeutic drug monitoring. Delivering drug at controlled rate, slow delivery, targeted delivery are other very attractive methods and have also been pursued vigorously.

IDDSs have seen reasonable clinical and commercial success as a mode of enhanced drug therapy. However, optimization of performance characteristics, including long-term biocompatibility and drug release kinetics is critical. Furthermore, clinical validation of current systems under development is essential for regulatory approval and their commercial success. However, as reviewed here, numerous commercial systems are able to attain nearly ideal zero-order release kinetics profiles in vivo, over extended time periods. IDDSs therefore present a viable, cost-effective and clinically acceptable alternative route of sustained drug delivery for chronically ill patients.

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