

DEVELOPMENT AND CHARACTERIZATION OF SITE SPECIFIC SUSTAINED RELEASE MICROSPHERES FOR INTESTINAL INFECTION

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ABSTRACT

The present work was to develop and characterize site specific sustained release microspheres for intestinal infection. Hydrocortisone has the anti-inflammatory property so used to treat the intestinal infection which is caused by an overactive immune system, resulting in ulcers and inflammation along the lining of rectum and colon. So oral Hydrocortisone is prescribed to treat more severe symptoms of colitis. Coating was done with the colon specific polymer Eudragit S100 and sodium alginate used as a matrix polymer and HPMC K4M and gellan gum was used as mucoadhesive polymers. Hydrocortisone mucoadhesive microspheres were prepared by orifice ionic gelation method. The prepared formulations were characterized for various physicochemical parameters such as particle size, percentage yield, drug entrapment efficiency, loose surface crystal study, surface accumulation study, % moisture loss, swelling properties, wash off test and *in vitro* drug release of mucoadhesive microsphere at different pH up to 12 hrs. The drug entrapment efficiency of all formulations was reported as high profile ranges 80-97.44% and the surface pH in the ranges between 6.80 -7.02. The swelling index in the range 51.11-88.12%. It was found that the F1 shows the best cumulative drug release up to 12 hrs of the period. Hence it was concluded that the polymer possess substantial release with good mucoadhesion properties could be used for sustained drug delivery.

Keywords: Mucoadhesive microsphere, hydrocortisone, sodium alginate, HPMC, gellan gum.

INTRODUCTION

Controlled drug delivery systems are those in which the drug is released in a pre-determined pattern over a fixed period of time. The primary objectives of sustained drug delivery are to ensure safety and enhancement of efficacy of drug with improved patient compliance¹. Mucoadhesive drug delivery systems are those which prolong the residence time of the dosage form at the site of application or absorption and to facilitate intimate contact of the dosage form with the underlying absorption surface to improve and enhance the bioavailability of drug². Colonic drug delivery has gained increased importance in the colonic diseases to treat the colonic infections. A colon specific drug delivery system should prevent drug release in the stomach and small intestine and

affect an abrupt onset of drug release upon entry into the colon³. Hydrocortisone belongs to the class of corticosteroids. It is naturally occurring glucocorticosteroids. These are well absorbed by oral route. For the delivery of drug molecule the drug may be coated with the polymeric material so that they are degraded by the colonic enzymes and deliver the drug to the colonic site. They have the anti-inflammatory property so used to treat the intestinal infection which is caused by an overactive immune system, resulting in ulcers and inflammation along the lining of rectum and colon. So oral Hydrocortisone is prescribed to treat more severe symptoms of colitis⁴. The objective of my present work was to develop and characterize site specific sustained release microspheres for intestinal infection.

MATERIAL AND METHODS

Hydrocortisone was obtained from the Balaji Drugs. Hydroxy propyl methyl cellulose (HPMC K4M), gellan gum was supplied by Central Drug House (P) Ltd. New Delhi and Bargon Berges, Bombay. Sodium alginate was obtained from Qualikems fine chemicals Pvt. Ltd New Delhi, Eudragit S 100 was obtained from the Balaji Drugs. Calcium chloride, magnesium stearate, light liquid paraffin, span 80 was obtained from Central Drug House (P) Ltd. New Delhi. All other chemicals were of analytical grade.

Preformulation studies of drug

Organoleptic properties

Hydrocortisones were tested for organoleptic properties such as appearance, colour, odour, taste.

Melting point determination⁵

Melting point of the drug was determined by taking a small amount of drug in a capillary tube closed at one end and it was placed in melting point apparatus and the temperature at which the drug melts was noted. Average of triplicate readings was taken.

Solubility

The solubility was carried out as per IP.⁶

Flow properties⁷

Angle of repose

The angle of repose of drug powder was determined by the funnel method. The accurately weight powder blend were taken in the funnel. The height of the funnel was adjusted in such a way the tip of the funnel just touched the apex of the powder blend. The powder blend was allowed to flow through the funnel freely on to the surface. The diameter of the powder cone was measured and angle of repose was calculated using the following equation.

$$\tan \theta = h/r$$

$$\theta = \tan^{-1} h/r$$

Where, h and r are the height and radius of the powder cone.

Bulk density and tapped density

Both Bulk density (BD) and tapped density (TD) was determined. A quantity of 2 gm of drug powder from each formula, previously shaken to break any agglomerates formed, was introduced in to 10 ml measuring cylinder. After that the initial volume was noted and the cylinder was

allowed to fall under its own weight on to a hard surface from the height of 2.5 cm at second intervals. Tapping was continued until no further change in volume was noted. BD and TD were calculated using the following equations.

$$BD = \frac{\text{Weight of the powder blend}}{\text{Untapped volume of the packing}}$$

$$TD = \frac{\text{Weight of the powder blend}}{\text{Tapped volume of the packing}}$$

Compressibility index

The Compressibility Index of the powder blend was determined by Carr's compressibility index. The formula for Carr's index is as below:

$$\text{Carr's index (\%)} = \frac{[(TD-BD) \times 100]}{TD}$$

Hausner's ratio

The Hausner's ratio is a number that is correlated to the flowability of a powder or granular material. The ratio of tapped density to bulk density of the powders is called the Hausner's ratio. It is calculated by the following equation.

$$H = \rho T / \rho B$$

Where ρT = tapped density, ρB = bulk density.

Assay⁸

Weigh accurately about 0.1 gm dissolve in sufficient ethanol to produce 100 ml. Dilute 2 ml of this solution to 100 ml with ethanol and mix. Measure the absorbance of the resulting solution at the maximum at 241 nm. Calculate the content of hydrocortisone at 241 nm.

Preparation of mucoadhesive microspheres⁹

Mucoadhesive microcapsule was prepared by orifice ionic gelation method with polymers such as HPMC K4M and gellan gum. Briefly 100 mg of sodium alginate, mucoadhesive polymers was taken in varying concentration 30 mg of drug were dispersed in 10 ml water with a constant stirring at 300 rpm for 30 mins. The resultant dispersion was added drop wise through a syringe (17 gages) into the CaCl_2 solution (10% w/v). The so formed microsphere were kept for 30 mins for complete reaction and afterwards, mucoadhesive microspheres were recovered by filtration through a sintered glass filter, under vacuum, dried in hot air oven at 60°C for 1 hr. The same method was adopted for preparation of other batches of mucoadhesive microspheres.

Table 1: Formulations of mucoadhesive microspheres

Formulation code	Drug (mg)	Sodium alginate (mg)	HPMC K4M (mg)	Gellan gum (mg)
F1	30	100	100	-----
F2	30	100	200	-----
F3	30	100	300	-----
F4	30	100	400	-----
F5	30	100	-----	100
F6	30	100	-----	200
F7	30	100	-----	300
F8	30	100	-----	400

Evaluation of mucoadhesive microsphere**Flow properties⁵****Bulk density**

The bulk density of microsphere was obtained by dividing the weight of sample in grams by the final volume in cm³ of the sample contained in the cylinder. It was calculated by using equation given below

$$Df = M / Vp$$

Where Df is bulk density, M is weight of samples in grams and Vp is final volumes of formulation in cm³.

Tap density

The tapped density of microsphere was obtained by dividing the weight of sample in grams by the final tapped volume in cm³ of the sample contained in the cylinder. It was calculated by using equation given below:

$$Do = M / Vp$$

Where Do is bulk density, M is weight of samples in grams and Vp is final tapped volumes of granules in cm³.

Carr's index

$$\text{Yield of microspheres (\%)} = \frac{\text{Weight of the microspheres (mg)} \times 100}{[\text{Drug (mg)} + \text{Polymer (mg)}]}$$

Particle size¹¹

The size and shape of the microspheres were evaluated using optical microscopy. The particle sizes of 50 microspheres were determined randomly using equation below

$$Xg = 10 \times [(\sum ni \times \log Xi) / N]$$

Where Xg is geometric mean diameter, ni is no of particles in the range, Xi is the midpoint of range, and N is total no of particles analyzed.

$$\text{DEE \%} = \text{Practical Drug Loading} / \text{Theoretical Drug Loading} \times 100$$

The percentage compressibility of microspheres was calculated according to equation given below:

$$\% \text{ Compressibility} = \frac{Do - Df}{Do} \times 100$$

Where Df is bulk density and Do is Tapped density.

Hausner's ratio

The Hausner's ratio of a microsphere was calculated according to equation given below:

$$\text{Hausner's ratio} = Do / Df$$

Where Do is Tapped density and Df is bulk density.

Angle of repose

The Angle of repose i.e. Flow property of the microspheres, which measures the resistance to particle flow, was calculated as

$$\tan \theta = h / r$$

$$\theta = \tan^{-1} h / r$$

Where h / r are height of the microspheres heap that is formed after making the microspheres flow from the glass funnel and r is the radius.

Percentage yield¹⁰

The yield was calculated using the equation

Drug content³

The weighed amount of drug loaded mucoadhesive microsphere was kept in 100 ml phosphate buffer pH 6.8 for 12 hrs with continuous stirring. The samples were filtered and were analyzed at 241nm by using UV spectrophotometer.

Drug Entrapment efficiency (DEE %) ¹²

Entrapment efficiency of the microspheres was calculated using the formula

Loose surface crystal study¹³

Loose surface crystal study was performed to observe the excess drug present on the surface of microspheres. From each batch 11 mg of mucoadhesive microspheres were shaken in 100 ml of phosphate buffer, pH 6.8 for 5 mins and then filtered through Watt man filter paper 41. The amount of drug in the filtrate was determined spectrophotometrically at 241nm and calculated as percent of total drug content. This estimates the surface entrapment of the drug by the microspheres.

Surface accumulation study¹⁴

This study was conducted to estimate the amount of drug present on the surface of microspheres which may show immediate release in the dissolution media. 100 mg of mucoadhesive

microsphere were suspended in 100 ml of phosphate buffer pH 6.8 simulating the dissolution media. The samples were shaken vigorously for 15 mins in a mechanical shaker. The amount of drug leached out from the surface was analyzed spectrophotometrically at 241 nm. Percentage of drug released with respect to entrapped drug in the sample was recorded.

Percentage of moisture loss¹⁵

The Hydrocortisone loaded mucoadhesive microspheres of different polymers were evaluated for percentage of moisture loss. The microspheres weighed initially and kept in desiccators containing calcium chloride at 37°C for 24 hrs. The final weight was noted when no further change in weight of sample.

$$\% \text{ of moisture loss} = (\text{initial weight} - \text{final weight} / \text{initial weight}) \times 100$$

Surface pH¹⁶

The surface pH of the formulation was determined in order to investigate their possible side effects *in vivo*. An acidic or alkaline formulation will cause irritation of the mucosal membrane and hence this is an important parameter in developing a mucoadhesive dosage form. A combined glass electrode was used for determination of surface pH. The formulations were first allowed to swell by keeping them in contact with 5 ml distilled water pH 6.5±0.5 for 2 hrs in 10 ml beakers. Then pH was noted by bringing the electrode near the surface of the formulation and allowing equilibrating for 1 min.

Swelling properties⁹

The dynamic swelling property of mucoadhesive microsphere in the dissolution medium was determined. Mucoadhesive microsphere of known weight were placed in dissolution solution i.e pH 6.8 phosphate buffer for 6 hrs and the swollen microcapsules were collected by a centrifuge and the wet weight of the swollen mucoadhesive microsphere was determined by first blotting the particles with filter paper to remove absorbed water on surface and then weighing immediately on an electronic balance. The percentage of swelling of mucoadhesive microsphere in the dissolution media was then calculated by using equation,

$$Sw = [(Wt - Wo) / Wo] \times 100$$

Sw = percentage of swelling of mucoadhesive microsphere.

Wt = weight of the mucoadhesive microsphere at time t.

Wash off test¹⁷

The mucoadhesive properties of the mucoadhesive microspheres were evaluated by *in vitro* wash off test. A 1-cm by 1-cm piece of sheep stomach mucosa was tied onto a glass slide (3-inch by 1-inch) using thread. Mucoadhesive microspheres were spread (50 Particles) onto the wet, rinsed, tissue specimen and the prepared slide was hung on to one of the groves of a USP tablet disintegrating test apparatus. The disintegrating test apparatus was operated such that the tissue specimen was given regular up and down movements in a beaker containing the phosphate buffer pH 6.8. At the end of 30 mins 1 hr, and at hourly intervals up to 8 hrs, the number of mucoadhesive microspheres still adhering onto the tissue was counted.

Coating of mucoadhesive microsphere¹⁸

200 mg of eudragit was dissolved in 5 mL of ethanol and acetone (1:4). After addition of 40 mg of microsphere and 20 mg of aluminium stearates, the mixture was dropped into 20 mL of liquid paraffin and stirred at 600 rpm at room temperature. After complete evaporation of

acetone and ethanol, the microspheres formed were collected, washed with *n*-hexane and dried under vacuum at room temperature for 24 hrs.

Flow properties⁵

Bulk density

The bulk density of microsphere was obtained by dividing the weight of sample in grams by the final volume in cm³ of the sample contained in the cylinder. It was calculated by using equation given below:

$$Df = M / Vp$$

Where Df is bulk density, M is weight of samples in grams and Vp is final volumes of granules in cm³.

Tap density

The tapped density of microsphere was obtained by dividing the weight of sample in grams by the final tapped volume in cm³ of the sample contained in the cylinder. It was calculated by using equation given below:

$$Do = M / Vp$$

Where Do is bulk density, M is weight of samples in grams and Vp is final tapped volumes of granules in cm³.

Carr's index

The percentage compressibility of microspheres was calculated according to equation given below:

$$\% \text{ Compressibility} = (Do - Df) \times 10 / Do$$

Where Df is bulk density and Do is Tapped density.

Hausner's ratio

The Hausner's ratio of a microsphere was calculated according to equation given below:

$$\text{Hausner's ratio} = Do / Df$$

Where Do is Tapped density and Df is bulk density.

Angle of repose

The Angle of repose i.e. Flow property of the microspheres, which measures the resistance to particle flow, was calculated as

$$\tan \theta = 2H / D$$

Where 2H/D is the surface area of the free standing height of the microspheres heap that is formed after making the microspheres flow from the glass funnel.

Particle size¹¹

The size and shape of the microspheres were evaluated using optical microscopy. The particle sizes of 50 microspheres were determined randomly using 14.44 μm as calibration factor. The average particle size of microspheres can be given by the following formula:

$$\text{Average Size} = \sum nd / \sum n$$

Where, n is the number of microspheres and d is the size of microsphere

In vitro drug release studies¹⁹

The *in vitro* drug release studies of hydrocortisone was carried out using USP dissolution apparatus type 2 (Paddle type) at 50 rpm at 37±0.50°C using 0.1(N) HCl for 2 hr, phosphate buffer (pH 4.5) for 1 hr, phosphate buffer (pH 7.4) for next 2 hrs and then in the phosphate buffer (pH 6.8) for next 7 hrs. 5 ml of dissolution medium was withdrawn to maintain sink condition and the medium was replaced with equal quantity of fresh dissolution medium. The sample withdrawn was suitably filtered, diluted and drug content was analyzed spectrophotometer at 241 nm.

RESULTS AND DISCUSSION

The mucoadhesive microspheres of Hydrocortisone in different ratios were designed and prepared by orifice ionic gelation method. The effect of drug polymer ratios was analysed in order to optimize the formulation. The prepared microspheres gave fair to passable micromeritic properties as reported in (Table 2). Various parameters was studied on the prepared formulation i.e particle size, percentage yield, drug content, drug entrapment efficiency and surface pH were observed in (Table 3). The result of particle size was in the ranges of 7.28-14.26 μm. The percentage yield in the ranges of 79.15 to 97.12%. The drug content was found to be between 22.63-29.2 mg. The drug entrapment efficiency of all formulations was reported as high profile ranges 80-97.44% may be due to variations of drug and polymers concentration and found that F1 have 97.44% and F6 have 94.34% entrapment efficiency. From the F1 and F6 the F1 have the best entrapment efficiency. The surface pH in the ranges between 6.80-7.02, this was determined in order to investigate their possible side effects *in vivo*, to avoid the irritation of the mucosal membrane from the acidic or alkaline medium so there is need to form mucoadhesive dosage form. The other parameters i.e moisture loss, surface

accumulation study (%), swelling index (%) and loose surface crystal study as shown in (Table 4). The % moisture loss in the range 7.53-11.21% due to the involvement of water and hydrophilic property of the mucoadhesive polymers. The surface accumulation study was an important parameter giving an indication of the amount of drug on the surface of the microsphere without proper entrapment. The range was between 1.11-2.34%. The swelling index in the range 51.11-88.12% with less polymer ratio more swelling. The loose surface crystal studies lend a hand to estimate the excess amount of drug attached on the surface of microspheres after a successful entrapment in the range of 21.24-39.52. The mucoadhesive property of the microspheres was evaluated by *in vitro* adhesion testing method called *in vitro* wash off test. The numbers of microspheres adhering to the tissue was calculated after 1 hr and hourly up to 8 hrs (Table

5). After determination it was found that F1 have more adhering property then the other formulations. In F1 more particles are adhere on the membrane for a long period. So it showed good mucoadhesive property. After coating the micromeritic studies was found to be good in (Table 6). The particle size was also within the range 8.48- 15.20 μm . The *in vitro* release profile of coated microspheres in release medium of pH (1.2) revealed the absence of drug release for the 2 hrs. The release studies conducted in phosphate buffer where the pH was gradually increased 4.5 then again it showed no release. However as the pH of the release medium was raised beyond 7.4 then the prepared formulation showed around 6-12% of drug release in a period 2 hrs and after that at pH 6.8 the drug release study was carried out and the result was found in the range 81-95.92% up to 12 hrs. The total drug release for F1 was 81% and F6 was 84% (Figure 1).

Table 2: Preformulation parameters of Hydrocortisone

S. No.	Characters	Inference
1.	Nature	A white to practically white, crystalline powder.
2.	Colour	White
3.	Odour	Odorless
4.	Taste	Slightly bitter taste
5.	Melting point	212°C
6.	Solubility- In water In acetone In methanol In ethanol In chloroform	Practically insoluble Fully soluble Soluble Soluble Soluble
7.	Bulk density	0.45 gm/cc
8.	Tapped density	0.55 gm/cc
	Carr's index	22.23
10.	Hausner's ratio	1.23
11.	Angle of repose	26.5°
12.	Assay	99.1%

Table 3: Flow properties of mucoadhesive microspheres before coating

Formulation code	Bulk density (gm/cc)	Tap density (gm/cc)	Carr's index	Hausner's ratio	Angle of repose(θ)
F1	0.42	0.52	19.23	1.23	25.44°
F2	0.46	0.56	17.85	1.24	30.23°
F3	0.45	0.51	11.76	1.13	29.33°
F4	0.47	0.58	18.96	1.23	27.31°
F5	0.44	0.55	21.24	1.24	26.11°
F6	0.42	0.52	19.23	1.23	25.44°
F7	0.43	0.54	20.37	1.25	26.51°
F8	0.45	0.54	16.67	1.2	25.24°

Table 4: Particle size, % yield, drug content, % drug entrapment efficiency, surface pH of drug loaded mucoadhesive microspheres

Formulation code	Particle size (µm)	yield (%)	Drug content (mg)	Drug entrapment efficiency (%)	Surface pH
F1	14.26	97.12	29.2	97.44	7.02
F2	8.008	86.96	26.8	89.34	6.80
F3	12.49	83.48	25	83.34	7.01
F4	7.28	90.02	24	80	6.69
F5	10.24	87.27	22.63	87.34	6.82
F6	11.21	90.34	27.2	94.34	6.98
F7	12.40	79.15	26.6	88.67	6.81
F8	12.17	82.61	26.2	91.34	6.92

Table 5: Moisture loss, surface accumulation study, swelling index and loose surface crystal study of drug loaded mucoadhesive microspheres

Formulation code	Moisture loss (%)	Surface accumulation study (%)	Swelling index (%)	Loose surface crystal study
F1	11.21	2.34	88.12	39.52
F2	10.11	1.38	71.32	22.41
F3	8.33	1.11	62.23	32.21
F4	7.53	1.32	51.11	21.24
F5	9.21	1.12	80.91	31.92
F6	10.21	2.11	82.42	36.42
F7	9.42	1.48	69.41	37.41
F8	8.73	1.59	58.21	23.42

Table 6: Results of in vitro wash off tests to affects mucoadhesive properties of the microsphere

Formulation code	After 1hr	After 2hr	After 3hr	After 4hr	After 5hr	After 6hr	After 7hr	After 8hr
F1	45	41	35	34	33	22	31	25
F2	40	38	34	29	24	23	22	21
F3	41	36	30	25	21	19	18	17
F4	40	35	34	33	32	29	27	21
F5	48	35	28	26	25	24	21	19
F6	46	35	28	26	25	24	21	20
F7	40	35	23	20	18	16	14	12
F8	44	40	39	36	28	24	23	22

Table 7: Flow properties and particle size of mucoadhesive microspheres after coating

Formulation code	Bulk density (gm/cc)	Tap density (gm/cc)	Carr's index	Hausner's ratio	Angle of repose(θ)	Particle size (µm)
F1	0.42	0.50	16	1.19	27.11°	15.20
F2	0.43	0.51	15.68	1.18	29.14°	10.01
F3	0.45	0.52	13.46	1.15	28.13°	12.42
F4	0.43	0.49	12.24	1.13	26.56°	8.48
F5	0.43	0.51	15.68	1.18	27.12°	11.22
F6	0.45	0.52	13.46	1.15	26.12°	13.43
F7	0.43	0.49	12.24	1.13	28°	12.43
F8	0.48	0.53	15.38	1.12	27°	12.19

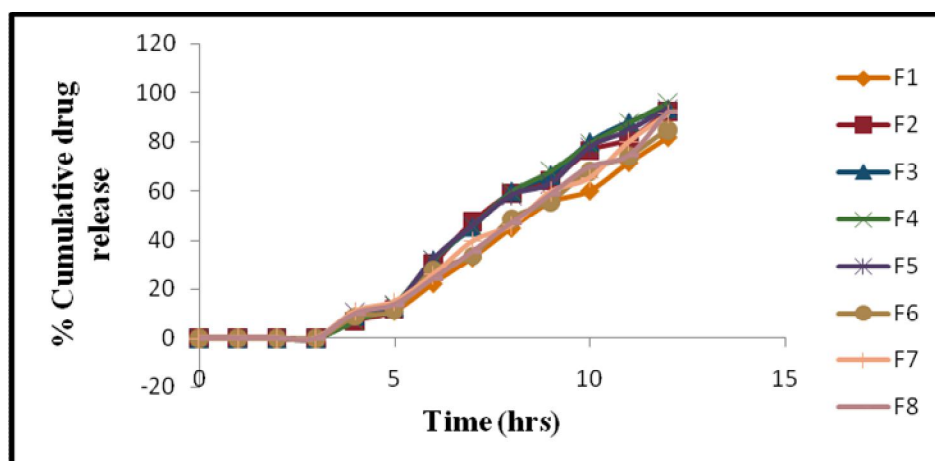


Fig. 1: *In vitro* drug release profile of formulation F1-F8

CONCLUSION

In conclusion, the formulation F1 containing drug polymer ratio 1:1:1 was found to be the best mucoadhesive microspheres formulation regarding all the properties evaluated in order to achieve objective of this study. Because of the hydrophobic nature of eudragit S 100 F1 formulation shows the release for 12 hrs and it will extended up to 24 hrs. The results of the study give a rational guideline for formulating a sustained release mucoadhesive microspheres of Hydrocortisone for effective therapy of colonic infection.

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